COACHING SAMPLE SCRIPT: Just Friends

(This script is the property of Timothy Banfield for the purpose of coaching and teaching only. This script is not to be used outside of any affiliation with Timothy Banfield.)

Brian/Becca: (*Teen to adult, male or female, average height and build, any accent.*) Brian/Becca is an average adult and should be played dramatically but natural. This character could be from anywhere and could be anyone.

Amy/Arron: (Teen to adult, male or female, average height and build, any accent.) Amy/Arron is an average adult and should be played dramatically but natural. This character could be from anywhere and could be anyone.

Amy/Arron is quickly, but not running, out of a restaurant into the rain while awkward trying to put their coat on. They seem to be sad, mad or disgusted about something that has their attention in their mind.

Brian/Becca, shortly after Amy/Arron gets a little way down the sidewalk, comes out of the same door into the rain with no coat in hand. Seeing Amy/Arron they start off after them with an apologetic look on their face or worried.

BRIAN/BECCA (Trying to get Amy/Arron's attention.) HEY!... WAIT!... STOP!

Brian/Becca catches up to Amy/Arron and starts following behind at the same speed trying to talk to them.

AMY/ARRON (Not turning around and is still walking.) Look I just want to get home it's late and...

BRIAN/BECCA

(Worried and confused.)

Wait, wait, wait, wait... hold up.

Brian/Becca grabs Amy/Arron lightly on the shoulder to stop them and turn them around.

BRIAN/BECCA (CNT'D) Wait... are you upset or freaked out because I said I liked you?

AMY/ARRON

(Slightly sad and dismissive) It's not just that... *gruh*... Look I just don't want to talk about it, it's late, it's raining and I would rather just maybe talk about this... I just want to go, okay?

BRIAN/BECCA

(Slightly apologetic.) Because... you don't have to like me back.

Amy/Arron looks up at Brian/Becca with a question in her/his eyes.

BRIAN/BECCA (CNT'D)

Look... *sigh*... we are adults. We can like or dislike who every we want. That's the thing about feelings. You don't have to reciprocate them back to me.

Amy/Arron starts to relax a little and has a slight look of sadness on her/his face.

AMY/ARRON

(Slight shakiness in the voice.) I... (pause) I just don't want to hurt your feelings by not feeling the same for you.

BRIAN/BECCA

(Happy and relaxed.)

Small awkward laugh... I didn't tell you how I felt because I wanted to hold YOUR feelings hostage. I mean I would love it if you felt the same, but you don't have to... *Sigh* I have gone through so many friendships and relationships regretting saying nothing and loosing sleep over what could have been.

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Amy/Arron clearly touched by the statement but still sad.

BRIAN/BECCA (CNT'D)

(Taking time to reply with carful wording.) That kind of stuff wears you down and haunts you. I just wanted to get it off my chest. ... Staying friends is totally fine... I just hate secrets and bottling things up till they eat you from the inside... Just can't live like that anymore.